




# VILLAGE WALK

wellness  
check  
program



Bridging the gap  
between long  
distance caregivers  
and their loved ones

We conduct engaging and informed home visits with seniors to:

Ensure the  
safety of  
loved ones

Maintain  
health &  
wellness

Help prevent  
and relieve  
social  
isolation

Provide vital  
checks

Assist with  
medication  
management

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*Our mission is to provide peace of mind to families and friends, and a sense of security.*



**F.I.T. Health + Wellness**

Pain Management | Rehabilitation

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