



F.I.T. Health + Wellness

Pain Management | Rehabilitation

VILLAGE WALK
COMMUNITY
WELLNESS
CLINIC

When: January 12th

*Where: VW Town Center
(Grand Cypress Room)*

Time: 9:00 - 10:30am



"It's never too early or too late to optimize your longevity and performance"

TAKE THE NEXT STEP.

Learn as we discuss current scientific research, healthy tips, and practical solutions for applying the F.I.T. Health & Wellness protocols to your everyday life.

FEEL THE BEST VERSION OF YOURSELF | FEEL MORE BALANCED | REDUCE YOUR PAIN